

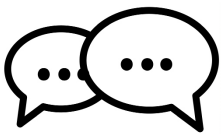
LESSON 2: THE POPULATION PYRAMID

Activity 4 – How Would You Like to Live in Old Age?



Look at chapters 2, 6, 7 and 8 of the app *A Life Journey* to find out about the ageing process and to learn more about the elderly themselves.

- Chapter 2: “How important are my early years of life?”
- Chapter 6: “How do ageing societies work?”
- Chapter 7: “Is there a formula for healthy ageing?”
- Chapter 8: “How can I remain independent in old age?”



Select one of the following questions to answer and discuss with a partner. Present your findings to the class.

You can often read that the ageing society is a problem. What do you think about this?

What are the main problems that experts and the media cite when talking about the ageing population?

What are the potential consequences for a country when the number of people aged 65 and older increases?

Should the government step up its efforts to provide services and care for older people?

What would you do to improve your chances at being healthy at an older age?

What do you wish for in your old age?

- How long would you like to work?

- Where and with whom would you like to live with?

- In the case you need assistance when you get older, what type of support would you like to have?
